

The Basics of Understanding and Supporting Children and Youth with Asperger's

Asperger's Syndrome is a neurodevelopmental disorder that is part of the autism spectrum. It is characterized by difficulties with social interaction and communication, as well as restricted and repetitive behaviors. Children and youth with Asperger's may also have sensory sensitivities and motor coordination problems.



Starting Points: The Basics of Understanding and Supporting Children and Youth with Asperger Syndrome

by Pajtim Statovci

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Diagnosis

Asperger's Syndrome is typically diagnosed in children between the ages of 5 and 9. However, it can be diagnosed at any age. The diagnosis is based on a clinical evaluation that includes a review of the child's developmental history and a physical examination. The doctor may also Free Download blood tests or other tests to rule out other medical conditions.

Symptoms

The symptoms of Asperger's Syndrome can vary from person to person. However, some of the most common symptoms include:

- Difficulty with social interaction
- Difficulty with communication
- Restricted and repetitive behaviors
- Sensory sensitivities
- Motor coordination problems

Support Strategies

There is no cure for Asperger's Syndrome. However, there are a number of support strategies that can help children and youth with Asperger's live full and productive lives. These strategies include:

- **Education:** Children and youth with Asperger's need access to appropriate educational services. These services can help them develop the skills they need to succeed in school and in life.
- **Social skills training:** Social skills training can help children and youth with Asperger's learn how to interact with others in a positive and productive way.
- **Behavior management:** Behavior management techniques can help children and youth with Asperger's learn how to manage their behavior and cope with stress.
- **Sensory integration therapy:** Sensory integration therapy can help children and youth with Asperger's learn how to process sensory

information more effectively.

- **Medication:** Medication can sometimes be helpful for treating the symptoms of Asperger's Syndrome. However, medication is not a cure for Asperger's.

Asperger's Syndrome is a complex disorder that can have a significant impact on the lives of children and youth. However, with the right support, children and youth with Asperger's can live full and productive lives.

If you are concerned that your child may have Asperger's Syndrome, it is important to seek professional help. Early diagnosis and treatment can make a big difference in the life of a child with Asperger's.



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