

# Setting the 21st Century Grooming Table up for Success by Employing Low Stress



In the 21st century, pet grooming is more important than ever. With the rise of social media, pet owners are more likely to share photos of their furry friends, and they want their pets to look their best. In addition, more and

more people are choosing to adopt pets from shelters, and these animals often have special needs, such as grooming.



## Grooming Without Stress: Safer, Quicker, Happier: Setting the 21st century grooming table up for success by employing low-stress handling techniques

by Rachel Beyer

★★★★☆ 4.2 out of 5

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Traditional grooming methods can be stressful for both pets and their owners. Pets may be afraid of being restrained, and they may become aggressive or anxious. Owners may also be frustrated by the process, especially if their pet is difficult to groom.

Low-stress grooming is a new approach to pet grooming that focuses on creating a positive experience for both the pet and the owner. By using gentle techniques and positive reinforcement, low-stress groomers can help pets to feel more comfortable and relaxed during the grooming process.

### Benefits of Low-Stress Grooming

There are many benefits to low-stress grooming, including:

\* **Reduced stress for pets:** Low-stress grooming techniques help to reduce stress for pets by creating a calm and relaxed environment. Pets are less likely to be afraid or anxious, and they are more likely to cooperate with the grooming process. \* **Increased comfort for owners:** Low-stress grooming techniques also make the grooming process more comfortable for owners. Owners are less likely to be frustrated or annoyed, and they are more likely to enjoy the experience of grooming their pet. \* **Improved bonding between pets and owners:** Low-stress grooming can help to improve the bond between pets and their owners. By working together to create a positive grooming experience, pets and owners can learn to trust and respect each other.

## **How to Employ Low-Stress Grooming Techniques**

There are a number of low-stress grooming techniques that you can use to make the grooming process more enjoyable for your pet. These techniques include:

\* **Using positive reinforcement:** Positive reinforcement is a training method that rewards pets for good behavior. When you use positive reinforcement during grooming, you can help your pet to associate the grooming process with something positive. You can use treats, praise, or petting to reward your pet for good behavior. \* **Creating a calm and relaxed environment:** A calm and relaxed environment is essential for low-stress grooming. You can create a calm environment by playing soothing music, using calming scents, and keeping the grooming area quiet. \* **Going slowly and gently:** When you are grooming your pet, it is important to go slowly and gently. This will help your pet to feel more comfortable and relaxed. Avoid using harsh or abrasive techniques, and always be patient with your pet. \* **Using the right tools:** The right tools can make a big difference in the grooming

process. Use brushes and combs that are designed for your pet's coat type, and avoid using harsh or sharp tools.

Low-stress grooming is a new approach to pet grooming that focuses on creating a positive experience for both the pet and the owner. By using gentle techniques and positive reinforcement, low-stress groomers can help pets to feel more comfortable and relaxed during the grooming process. This can lead to a number of benefits, including reduced stress for pets, increased comfort for owners, and improved bonding between pets and owners. If you are looking for a better way to groom your pet, low-stress grooming is a great option.



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